

The 4-1-1 on 2-1-1



2-1-1 updates for the week of September 8th, 2025

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AND MORE

Find our newsletters online at:
[www.211ashtabula.org/
newsletters](http://www.211ashtabula.org/newsletters)

What Am I Reading?

First of all, thank you for your interest in sharing Ashtabula County resources! This newsletter, 'The 4-1-1 on 2-1-1' is created by 2-1-1 Ashtabula County to share timely and relevant resource information.

This newsletter is released weekly, on every Monday. You can find it on our website at 211ashtabula.org or on our Facebook page, 2-1-1 Ashtabula County.



Ashtabula County

Helping People. Changing Lives.



FREE CLASS

HEALTH COACHES FOR HYPERTENSION CONTROL

WEDNESDAYS STARTING
SEPTEMBER 3 THROUGH
OCTOBER 22
AT 1:30
ACCOA CENTER FOR
ACTIVE LIVING

This group facilitated evidence based program takes place over 8 weekly sessions and is designed to help manage hypertension by focusing on nutrition, physical activity, stress management and more.

**QUESTIONS?
330.505.2340**





SAVE THE DATE
Recover Out Loud **2025**

Join us for the fourth annual RECOVER OUT LOUD event in celebration of National Recovery Month. Gather with community members, families, and professionals to celebrate recovery of all forms.

SEPT
25TH
12-3PM

WHERE

Kevin Cornelius Memorial Park
(North Park)
130 West 44th St.
Ashtabula, Ohio 44004

RSVP To request a spot for your organization, please contact Stephen Pikus at s.pikus@brightviewhealth.com.

Sponsors Needed If you or your organization would like to sponsor this event, please contact Stephen Pikus at the above email address. All funds will go directly to supporting the event.



Cleveland Clinic

Cancer Institute



Cleveland Clinic Community Resource Table

- **No Insurance?**
- **No Transportation?**

We can help!

- Mammograms
- Colonoscopies
- Lung Exams
- Prostate Exams
- Pap & Pelvic

Conneaut Public Library

**304 Buffalo St, Conneaut
Ohio 44030 9:00AM - 1:00PM**

September 8, 2025



Flu Vaccine Clinic

Country Neighbor

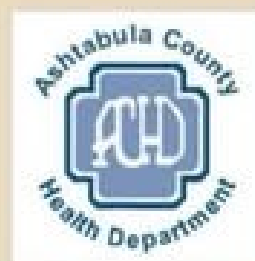
Thursday

September 16th, 2025

10 am - 12 pm

39 South Maple Street, Orwell OH, 44076

All insurance accepted. Free
for those who qualify. If you
have any questions, please call
440-576-6010, option 2





Head Start & Weatherization



Are teaming up with the community this year to bring you
Carnival Games & Truck R Treat!

at

4200 State Road Ashtabula

Saturday November 1st, 2025

3pm-5pm

Come Join us for some fun!!



Truck R Treat



The 4-1-1 on 2-1-1



Upcoming Mobile Food Pantries

The mobile food pantry program provides produce giveaways in multiple places in the county. For more information about your regular local food pantry, please call 2-1-1.

No mobile pantries this week

**Looking for your local food pantry?
Call 2-1-1.**

} Free Legal Advice

Tuesday, September 16

Ashtabula Public Library

Call 440-992-2121 for an appointment



The Legal Aid Society
of Cleveland



Ashtabula
County
District
Library

Conneaut Public Library

Sewing Class

with the Conneaut Quilters Guild

for ages 10 and up

Tuesday, September 9th

& Thursday, September 11th

10:00AM - 12:00PM

Registration is required for each date

- Six sewing machines available in-house
- guaranteed a spot if you bring own machine



The week of September 8th, 2025



Art-tober Trunk 'r Treat

Friday, October 31
5-7 p.m.

Ashtabula Arts Center

👉 decorate your car

👉 bring something fun or yummy to pass out (no homemade food for trick 'r treaters, please; sealed, pre-packaged treats only, or stickers, pencils, etc.)

Call (440) 964-3396 to sign up.

space limited to the first 22 cars to sign up.

DIY Silhouette Shirts



**Sunday September 14
at 2pm**

Bring a white or light-colored T-shirt and get ready to make some wearable art! We'll use fabric spray dye and a variety of fun shapes to create unique silhouette designs on your shirt. Choose your colors, place your shapes, and spray your way to a one-of-a-kind masterpiece. All materials provided—just bring your shirt and creativity!



Later Life Planning Lunch and Learn



Thursday, September 11th at 11:30am

Please join HMPL as Ducro Funeral Services hosts a free luncheon and informational program on later life planning. This will cover options and preplanning for what comes after. Attorney Sarah Lewis will join us to provide information on the difference between trusts and wills and other legal considerations to make sure you and your loved ones are best protected. Sarah Howe, Director of Comfort Keepers will provide ideas on how to best organize if you choose to stay in your home after you start to need a little help and how to manage household affairs.

Ducro Services will generously provide lunch for this program, so please be sure to register so we have enough food for everyone.

Attorney Sarah Lewis



Ducro Funeral Services



Comfort Keepers—
Sarah Howe



September 2025

Homesafe Support Groups



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 Healthy Boundaries 7:00pm	4	5	6 Cooking on a Budget 9:00pm
7 Acceptance 3:00pm	8	9	10 Hope & Moving Forward 7:00pm	11	12	13 Music Therapy 9:00pm
14 Emotional Wellness 3:00pm	15	16	17 Celebrating Progress 7:00pm	18	19	20 Accomplishing Goals 9:00pm
21 How to Manage the Unexpected 3:00pm	22	23	24 Grief & Loss 7:00pm	25	26	27 Guided Meditation 9:00pm
28 Dissociation 3:00pm	29	30				



ASHTABULA COUNTY SOLID WASTE DISTRICT

Household Hazardous Waste Collection

Saturday, September 27, 2025

9am-1pm

**Ashtabula County Technical & Career Campus
(A-Tech)
1565 St. Rt. 167, Jefferson, OH 44047**

Available to Ashtabula County residents only.
No cost — must show proof of residency. No
commercial businesses.



**ASHTABULA
COUNTY SOLID
WASTE DISTRICT**

440-576-1530 • www.ashtabulacounty.us/recycle



MATERIALS ACCEPTED:

PAINT: Oil based paint & paint products – 5 gallon container or smaller. Aerosols acceptable. Includes adhesives/roof tar/driveway sealers. No latex paints will be accepted.

HOUSEHOLD CLEANERS: Acid and caustic products.

BATTERIES: All household batteries. Lead acid automotive batteries.

AUTOMOTIVE FLUIDS: Motor oil, up to 5 gallon containers – prefer 1 gallon containers, antifreeze, brake fluid, grease, fuels.

PESTICIDES: Liquids, solids and aerosols in homeowner sizes.

MERCURY: Thermometers, thermostats, fluorescent bulbs & tubes, and elemental mercury.



UNACCEPTABLE MATERIALS:

Explosives, ammunition, gas cylinders, radioactive wastes, pharmaceuticals or large quantities of unknown materials. No tires accepted.

For more information or clarification on an item, please call before the event: **440-576-1530**

Ashtabula County Public Defender's Office

A NEW BEGINNING 2025 Expungement Clinics



Location:

22 East Jefferson Street
Jefferson, OH 44047

Date/Time:

Friday, May 2nd, 2025
9:00 AM – 3:30 PM

Friday, September 12th, 2025
9:00 AM – 3:30 PM

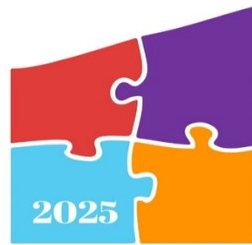
General information:

(for Ashtabula County cases only)

Website: www.ashtabulacountypd.org

Phone: 440.998.2628

Ashtabula County Prevention Coalition
P.A.R.T. CONFERENCE



PREVENTION
AWARENESS
RECOVERY
TREATMENT



**October 10, 2025
9:00am-4:00pm**



**Ashtabula County
Technical & Career
Campus
1565 State Rte. 167,
Jefferson, OH**

Registration Opens at 8:00

There is NO FEE to attend;

Lunch, CEs and RCHs provided

**There will be resource tables for
plenty of networking
opportunities**

**This event is open to anyone
interested in expanding their
knowledge around Prevention,
Awareness, Recovery, and Treatment
initiatives in Ashtabula County.**

Key Note Address:

This year's Keynote Speaker will be **Bethany Yeiser**, President of the CURESZ Foundation which she co-founded with Dr. Henry Nasrallah in 2016. CURESZ stands for Comprehensive Understanding via Research and Education into Schizophrenia. She is a motivational speaker and the author of *Mind Estranged: My Journey from Schizophrenia and Homelessness to Recovery* (released May 31, 2014).



Breakout Sessions Include:

Behavioral Health Housing Options in Ohio, Youth Trends: Understanding Risk and Shaping Healthy Behaviors, Treatment Modalities, CSB START Program, Current Trends from The Crime Enforcement Agency of Ashtabula County, & Family Matters: The Impact of SUD's on the Family.

We will close out the day with a Recovery Panel focused on dual diagnosis.

To register scan the QR Code:

or visit the website at:
[https://www.ashtabulamhrs.org/event/
p-a-r-t-conference-oct-10-2025/](https://www.ashtabulamhrs.org/event/p-a-r-t-conference-oct-10-2025/)



For questions please e-mail:
Christy Fisher at CFisher@ashtabulamhrs.org

By: Laken Dowd
Have something you want featured?
Email ldowd@accaa.org or call 440-990-1723

**This is only a short highlight of some of the
timely 2-1-1 resources, please contact 2-1-1
for more information.**