

The 4-1-1 on 2-1-1



2-1-1 updates for the week of October 6th, 2025

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HEAP MOVE

BREAST CANCER AWARENESS

AVOID THE FLU

LUNCH & LEARN

HEALTH COACHES

RED RIBBON WEEK

OPENING DOORS

AND MORE

Find our newsletters online at:
[www.211ashtabula.org/
newsletters](http://www.211ashtabula.org/newsletters)

What Am I Reading?

First of all, thank you for your interest in sharing Ashtabula County resources! This newsletter, 'The 4-1-1 on 2-1-1' is created by 2-1-1 Ashtabula County to share timely and relevant resource information.

This newsletter is released weekly, on every Monday. You can find it on our website at 211ashtabula.org or on our Facebook page, 2-1-1 Ashtabula County.



Ashtabula County
Helping People. Changing Lives.



Housing and Energy Services

Alissa Holdson
Executive Director

Ron C. Loos
Board Chairperson

Marlo Millard
Director of Housing and Energy

❄️ HEAP Office is Moving! ❄️

The Ashtabula County Community Action Agency's Home Energy Assistance Program (HEAP) is moving to a new location!

📍 **NEW ADDRESS (Effective October 22, 2025):**
6920 Austintown Road
Ashtabula, OH 44004

📞 **NEW PHONE NUMBER:**
440-997-5957

What is HEAP?

HEAP helps income-eligible households with **heating and cooling costs**.

- Assistance with utility bills
- Crisis support for disconnection
- Keeps homes safe and comfortable for **seniors, families, and individuals with disabilities**

Important Information

- Beginning **October 22, 2025**, all appointments and walk-ins will be at the **Austintown Road office**.
- Update your records with our **new address and phone number**.
- Call **2-1-1 or 440-997-5957** (after October 22) to schedule an appointment or learn more.

❄️ We look forward to welcoming you to our new location! ❄️



October is Breast Cancer Awareness Month!

Mammogram = an x-ray of the breast. Mammograms are the most effective way to detect breast cancer early.

How do I schedule a Mammogram?

Call us at 216-444-7505, email us at TaussigCommOutreach@ccf.org, scan the QR code, or visit www.CCF.org/CancerCommunityOutreach



Who should get it?

- Women 40–75
- Women 35+ if you have a family history of breast or ovarian cancer

Why it matters:

- Mammograms can catch breast cancer years before you ever notice a lump.
- Women who get regular mammograms are far more likely to survive.
- Screening can change that story; Early detection can mean more time with your family, better health, peace of mind.

Ask about our **MANY** cancer screenings available: Mammograms, PSAs, FIT kits, Colonoscopies, HPV/PAP, Lung Assessments, and others

Your health, Your choice of location, provider, hospital, and care. We can help with transportation or financial challenges.

Cancer screening is usually covered under most insurance plans. Cleveland Clinic offers financial aid for uninsured or underinsured.

AVOID THE FLU!

FLU VACCINES AVAILABLE!

WALK-IN HOURS: MONDAY, TUESDAY
& FRIDAY

9 AM-3:30 PM

ASHTABULA COUNTY HEALTH
DEPARTMENT

12 WEST JEFFERSON ST, JEFFERSON OH, 44047



STANDARD VACCINES ALSO AVAILABLE DURING WALK-IN HOURS!
ALL INSURANCE ACCEPTED. FREE FOR THOSE WHO QUALIFY. IF YOU
HAVE ANY QUESTIONS, PLEASE CALL 440-576-6010, OPTION 2



The 4-1-1 on 2-1-1

The week of October 6th, 2025



Registration is required.
RSVP by 10/6/2025.

Scan QR Code to register online *or*
Call: (330) 744-8451

Free
Event

LUNCH & LEARN



OCTOBER 14, 2025
12:00 PM

*A light lunch will be provided.
Doors open at 11:45 a.m.

St. Joseph
Calasancius
Church

32 E. Jefferson St.
Jefferson, OH 44047

Protecting the Vulnerable: The Catholic Charities Guardianship Program

Catholic Charities invites you to an important conversation with Jill Valentic, Executive Director of Catholic Charities of Ashtabula County and Kristin Cellini, Guardianship Program Manager about the Catholic Charities Guardianship Program. Together, they will discuss what the program is, the people it serves, when providers should reach out, and how community members can step forward to make a difference as volunteer guardians.

Event is free, but registration is required.

One lucky guest
will take home a
door prize!



Catholic Charities
Diocese of Youngstown
Providing Help. Creating Hope.





FREE CLASS

HEALTH COACHES FOR HYPERTENSION CONTROL

WEDNESDAYS STARTING
SEPTEMBER 3 THROUGH
OCTOBER 22

AT 1:30

ACCOA CENTER FOR
ACTIVE LIVING

This group facilitated evidence based program takes place over 8 weekly sessions and is designed to help manage hypertension by focusing on nutrition, physical activity, stress management and more.

**QUESTIONS?
330.505.2340**



The 4-1-1 on 2-1-1



Upcoming Mobile Food Pantries

The mobile food pantry program provides produce giveaways in multiple places in the county. For more information about your regular local food pantry, please call 2-1-1.

Monday, October 6th
Conneaut Human Resource Center
327 Mill Street
10am-12n

Looking for your local food pantry?
Call 2-1-1.

The Geneva Senior Center presents:

Craft with Chelsea

Wednesday, October 15th at 11:30



Call for more information
(440) 466-3048

The week of October 6th, 2025

Head Start & Weatherization

Are teaming up with the community this year to bring you Carnival Games & Truck R Treat!

at
4200 State Road Ashtabula
Saturday November 1st, 2025
3pm-5pm

Come Join us for some fun!!

community action

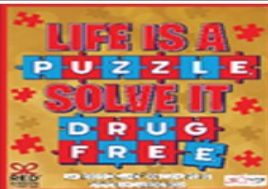
Adult Event

How the New Tax Laws May Affect You

Geneva Public Library

Wednesday, October 15, 10 a.m. - 12 p.m.

Recent changes in tax law may result in changes to your tax obligations. Join AARP Tax-Aide Specialists and an IRS Representative for this informative workshop, as they discuss these changes.



Celebrate Red Ribbon Week® (October 23-31)

www.redribbon.org

Are you a student passionate about making a difference? Help spread the message of staying drug-free by participating in our Red Ribbon Week Poster Contest! Design a creative, eye-catching poster that promotes and encourages others to live a healthy, drug-free lifestyle.

Get creative, make an impact, and inspire others!

Contest Details:

Open to all Ohio high school students.

Scan and submit your 8 ½" x 11" artwork as a jpg, png, or pdf file.

Winners will have their posters displayed on our social media, appear in our Annual Review, and receive a certificate signed by Governor Mike DeWine.

Contest Details:

Open to all Ohio high school students.

Scan and submit your 8 ½" x 11" artwork as a jpg, png, or pdf file.

Artwork must be 8.5" x 11" in size.

Artwork must reference Red Ribbon Week.

Artwork is due October 20, 2025, by 5 p.m.

Upload your art using the form below.

<https://recoveryohio.gov/home/red-ribbon-week/red-ribbon-week>

The 4-1-1 on 2-1-1

The week of October 6th, 2025



 **Ashtabula County Board of
Developmental Disabilities
OPEN HOUSE**

**Wednesday, October 15th
10:00am-7:00pm**

Feel free to stop in for a tour of our
building between 10:00am and 7:00pm.
No registration required!

LEARN ABOUT:

- ✓ Early Intervention Services, 0-3 years old
- ✓ Service & Support Administration, beyond 3 years old
- ✓ Assistive Technology
- ✓ Investigative Services & Support

For more information or questions please contact Haylee Mott
at haylee.mott@ashtabuladd.org or call/text 440-417-2127



The 4-1-1 on 2-1-1

The week of October 6th, 2025

Kingsville Public Library

Simak Welcome Center

6006 Academy Street

Kingsville, OH 44048

CREATIVE KITCHEN

A hands-on class of meal planning and food preparation.

Tuesday, October 7

6:00 pm

Featuring
"Preparing for Soup Season"



**Classes take place @ the Simak Welcome Center.
Classes are free & supplies are provided.
For adults ages 21 and up.**

**Please call (440) 224-0239 for more information.
Registration is required. Space is limited.
www.kingsville.lib.oh.us**



Opening Doors

Building a Better Future Through Parent Leadership

The Opening Doors Program is a free ten-week evidence-based parenting, leadership, and advocacy program for parents/custodians/guardians with children **ages 0-5**. Class meets once a week on Tuesday nights. Registration is required to participate in program.

Parents will learn:

- How to help your children develop healthy habits.
- How to prepare them to be successful in school.
- Resources and services available to help support your family.
- How to interact with other parents in your community.

Dates: October 14, 2025 – December 16, 2025

Registration is required in advance of class.

Class size is limited.

Location: Catholic Charities of Ashtabula County
4200 Park Avenue, Third Floor
Ashtabula, OH 44004

*Complimentary meal provided to participants from 5:00 p.m. to 5:30 p.m.
Class adjourns promptly at 7:30 p.m.*

To access application:

- scan QR code



- or visit link

<https://fs10.formsite.com/XhJosz/9hnmoyqgju/index.html>

- or call for an appointment

For more information or to register Contact Carrie A.
440-992-2121 ext. 7049
carriea@doyccac.org



Catholic Charities
of Ashtabula County
Providing Help. Creating Hope.

Funded in part by:



University
Hospitals



Tuesday, October 21, 2025

2:30p to 4:00p

**Ashtabula County Mental Health and Recovery
Services Board**

4717 Main Avenue

Lower Level

QPR is an evidence-based gatekeeper training to help prevent suicide. QPR stands for “Question, Persuade, and Refer”. Participants learn to recognize warning signs of suicide, offer hope to a person who might be experiencing a suicidal crisis, and how to get help and save a life.

QPR Learning Objectives

Participants who complete the course should be able to:

- Recognize someone at risk for suicide
- Demonstrate increased knowledge of intervention skills
- Describe knowledge of referral resources and how to refer someone to help
- Understand common myths and misconceptions about suicide
- Understand suicide as a national and local public health problem



Henderson Memorial
Public Library

ASHTABULA COUNTY CHESS TOURNAMENT

The 2025 9th Annual Ashtabula County Chess Tournament returns this October with two exciting weekends of competition. The Junior Tournament will take place on Saturday, October 18, followed by the Senior Tournament on Saturday, October 25. Both events will begin promptly at 9:00 AM. Pizza and refreshments will be provided. Please register online or call the library.

JUNIOR DIVISION

Kindergarten-5th and 6th-8th



**OCTOBER 18,
2025**



START AT 9:00AM

SENIOR DIVISION

9th-12th and Adults



**OCTOBER 25,
2025**



START AT 9:00AM



(440) 576-3761



henderson-lib.libcal.com



54 E Jefferson St. Jefferson, OH



SPONSORED BY:



Ashtabula Fence Co



**Green Bay Packaging:
Third Dimension Division**

By: Laken Dowd

Have something you want featured?

Email 211@accaa.org or call 2-1-1

This is only a short highlight of some of the timely 2-1-1 resources, please contact 2-1-1 for more information.