The 4-1-1 on 2-1-1



2-1-1 updates for the week of September 1st, 2025

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AND MORE

Find our newsletters online at: www.211ashtabula.org/newsletters

What Am I Reading?

First of all, thank you for your interest in sharing Ashtabula County resources! This newsletter, 'The 4-1-1 on 2-1-1' is created by 2-1-1 Ashtabula County to share timely and relevant resource information.

This newsletter is released weekly, on every Monday. You can find it on our website at 211ashtabula.org or on our Facebook page, 2-1-1 Ashtabula County.



Ashtabula CountyHelping People. Changing Lives.

Senior Care



Join Samantha Nichole Kiefer, DO, your Family Medicine specialist, and Kristina Renee Roesch, CNP, for an essential in-person talk on senior care. This session will offer a comprehensive overview of key aspects in senior health, from maintaining independence to understanding common age-related challenges. Empower yourself with the information needed to support the holistic health of seniors.



Wednesday, September 10, 2025 12 – 1 p.m.



Sponsors:



UH Conneaut Medical Center

William H. Brown Room 158 West Main Road Conneaut, Ohio 44030



Presenters:

- Samantha Nichole Kiefer, DO
- Kristina Renee Roesch, CNP

- Ashtabula County Nursing & Rehabilitation Center
- Country Club Rehabilitation Campus at Ashtabula
- AOM / Legends
- Foundations Health Solutions
- Hospice of the Western Reserve
- Comfort Keepers
- Capital Health Home Care
- Raeann Geneva



RSVP:

Denise Brown (440) 593-0206 by September 5, 2025





GLENBEIGH FAMILY PROGRAM WEEKEND RETREAT

SEPTEMBER 12-14, 2025 THE LODGE GENEVA-ON-THE-LAKE

> for information & pricing contact: Rita Dawson 440-710-3217 rita.dawson@glenbeigh.com



Addiction is a complex issue that affects not only the individual struggling with substance use disorder but also the entire family.

Join us in September for support and education for families who have been touched by substance use disorder.

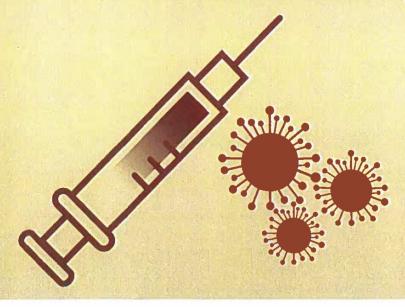
Our goal is long term recovery for families, helping yourself can help your loved one and educate others.

Flu Vaccine Clinic Drive-Thru

Ashtabula County Health
Department
Wednesday
September 3rd, 2025
11 am- 3 pm

12 West Jefferson St, Jefferson Ohio, 44047

All insurance accepted. Free for those who qualify. If you have any questions, please call 440-576-6010, option 2









Ready To Work Lab

Let us help you get back to work!





- Skills Assessment
- Resume Writing
- Interview Prep
- Job Seeking Skills Training

Wednesday September 17th
1:00 PM to 3:00 PM

GOODWILL VOCATIONAL CENTER 600 HULBERT AVE ASHTABULA OH 44004





Registration is recommended but not required to attend



YOU CAN SAVE 25-40% ON YOUR ENERGY BILLS WITH THE HOME WEATHERIZATION ASSISTANCE PROGRAM! FRE





The Home Weatherization Assistance
Program (HWAP), is designed to improve
energy efficiency, reduce energy
consumption and ensure safe environments
for income eligible households. Qualifying
households receive:

- · an on-site inspection and energy audit
- safety testing for combustion appliances, &/or repair or replacement
- heating unit and/or water heater tuneup and repair
- air sealing measures may include window &/or door repair
- insulation of attic, sidewalls, floor, or other measures as indicated by audit

Whether you rent or own, this FREE program Services
Ashtabula, Geauga, & Lake County residents!

For more information call 440-997-5957 Ext: 550 or 554, or just dial 2-1-1!





ASHTABULA COUNTY APL

Sunday
September 21st

12-4pm

BOO WOW



Brant's

Apple Orchard

4749 Dibble Rd.

CARNIVAL -and-

Adoptathon

Sponsored by Sunset Transportation



Upcoming Mobile Food Pantries

The mobile food pantry program provides produce giveaways in multiple places in the county. For more information about your regular local food pantry, please call 2-1-1.

Tuesday, September 2nd

Conneaut Human Resource Center 327 Mill Street 10AM-12N

Looking for your local food pantry?

Call 2-1-1.

Free Legal Advice

Tuesday, September 16

Ashtabula Public Library

Call 440-992-2121 for an appointment







SONGS ABOUT SCHOOL

Monday, September 8th 10:00AM

*Outdoor Program
For ages 2-5 with adult caregiver

Registration Encouraged: www.conneaut.lib.oh.us



Understanding Guardianship

Saturday, September 20th 10:00am

Join Ashtabula County Board of Developmental Disabilities (ACBDD) Service & Support Administrator Manager Lisa Fuller-Grippe and Magistrate Richard Dana for an overview of the complex process of guardianship for loved ones in need of support. This subject is fraught with emotional, legal, and financial complications, so allow our guest experts to help unravel the basics for anyone who is or may need to contemplate this step or may have an interest in the subject.













SUN	MON	TUE	WED	THU	FRI	SAT
	CLOSED ABOR DAP	2 Dungeons and Dragons 4:30pm Thrillers and Chillers 5pm	Toddler Storytime 10am Preschool Lunch and Learn 12pm	4	5 Stitchers 10am	6 Chess Club 9am
7 Intro to Google Workspace 1pm Grandparents' Day Card Crafternoon 2pm	8 Emergency Binder 2pm Non-Fic Book Club 5pm Tween/Teen Bookend Paint and Pizza 5pm	9 ACBDD Lunch and Learn 12pm Dungeons and Dragons 4:30pm Board of Trustees 6pm	10 Toddler Storytime 10am Preschool Lunch and Learn 12pm	11 Later Life Planning 11:30am Homeschool Book Club 2pm	CLOSED Staff Professional Development	Stained Glass Mosaics
DIY Silhouette T-shirt Workshop 2pm	Intro to Google Docs 1pm Wider World Discussion 5pm	16 Voter Registration Help 10am-3pm Intro Google Forms 1pm Dungeons and Dragons 4:30pm Coffee and Canvas 5pm	17 Toddler Storytime 10am Preschool Lunch and Learn 12pm	18 Homeschool Book Club 2pm	Stitchers 10am Cleveland Clinic Cancer Info 10am-2pm	20 Understanding Guardianship 10am Surgery or Physical Therapy? 1pm
21	22 Hobbit Day Celebration 12pm Pumpkin Wreaths 5pm	ACBDD Lunch and Learn-Soap Making 11:30am Dungeons and Dragons 4:30pm	24 Toddler Storytime 10am Preschool Lunch and Learn 12pm	25	26 Stitchers 10am Maximize Your Email 1pm	Pencil Warriors 11am
28	29 Fabric Pinwheels 5:30pm	30 Dungeons and Dragons 4:30pm Easy Cooking with John 5:30pm				



Join us!

Ashtabula Pop-UpClinic at Vine Food Pantry

Eagleville Bible Church

1981 Ohio-45, Rock Creek

Wed., Sept.3 — 9 - 11a.m.

















OF THE
WESTERN
RESERVE















Country Neighbor's "Food Distribution"

Thursday, September 11, 2025 3:00 p.m. - 5:00 p.m. Hiawatha Church of God in Christ 3417 Hiawatha St. Ashtabula, OH

You MUST be Present

Distribution will be set up as a drive thru, no contact format.

Individuals must be Ashtabula County Residents with the following income guidelines:

This table shows yearly gross income for each family size, updated 7/1/2025. If your household income is at or below the income listed for the number of people in your household, you are eligible to receive food.

Federal Assistance is through the Emergency Food Assistance Program.

Household Size	Yearly Income	Monthly Income	Weekly Income
1	\$31,300	\$2,608	\$602
2	\$42,300	\$3,525	\$813
3	\$53,300	\$4,442	\$1,025
4	\$64,300	\$5,358	\$1,237
5	\$75,300	\$6,275	\$1,448
6	\$86,300	\$7,192	\$1,660
7	\$97,300	\$8,108	\$1,871
8	\$108,300	\$9,025	\$2,083
9	\$119,300	\$9,942	\$2,294
For each additional ousehold member add	\$11,000	\$917	\$212

Any additional information, please call Tina or Jim at Country Neighbor, 440-437-6311 Opt 6 or 7

Food distribution made possible by Country Neighbor Program



Ashtabula County Community Action Agency Senior Dining Sites



September 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Closed LABOR DAY	2 Baked Chicken Biscuit, Mashed Potatoes Peas and Carrots Fruit	3 Penne w/ Meat Sauce Italian Vegetables Fresh Fruit	4 Turkey Sandwich Tomato Soup Tomato & Cucumber Salad Grapes	Hamburger Gravy Mashed Potatoes Peas and Carrots Fruit
8	Sausage & Peppers Buttered Cabbage Peaches	9 Taco Salad Fruit	10 Turkey Roll Mashed Potato Carrots	11 Meat Lasagna Broccoli Mandarin Oranges	12 BBQ Chicken Sandwich Baked Beans Macaroni Salad Applesauce
15	Swedish Meatballs Egg Noodles Veggie Blend Fruit & Applesauce	16 Chef Salad Pears Dinner roll	17 Pork Roast Mashed Potatoes Mixed Vegetables Pineapple & Dinner Roll	Hot Dog Baked Beans Peaches Craisins	19 Chicken Thigh Broccoli Roll Applesauce & Juice
22	Oven-Fried Chicken Corn and Peppers Spinach Fresh Fruit	23 Stuffed Pepper Casserole Green Beans Pears Dinner Roll	24 Chicken Parmesan Pasta Italian Vegetables Mixed Fruit	25 Meatloaf Mashed Potatoes Peaches Italian Bread	26 Turkey Pasta Grapes Bean Salad
29	Sloppy Joes Green Beans Cauliflower Grape Juice	30 Turkey Croissant Cold Pea Salad Fruit			Menu Subject to Change Based on Availability of Products. Milk Served Each Day.

TO MAKE A RESERVATION PLEASE CALL 440-998-3244

Our senior nutrition program provides hot, nutritious meals for local seniors. In addition to the meal, our staff also

conduct a wellness check with every delivery, Monday-Friday.

A minimum contribution of \$3.00 is requested for each meal delivered. No person will be denied service based on

inability to pay.

The home delivered meal program is available to seniors age 60 and older who struggle to prepare or obtain their own meals, and do not have anyone to provide the support for them.

Assistance may exist for those under 60 that are disabled. Call our office for details.

We also have senior dining sites where all seniors, ages 60 and older, are welcome to enjoy lunch. The meals are made fresh daily in our Jefferson kitchen and served hot in our dining rooms in Ashtabula. Jefferson, and Conneaut.

For more information about our senior nutrition programs, or to sign up yourself, contact senior nutrition at

440-998-3244.