

The 4-1-1 on 2-1-1



2-1-1 updates for the week of April 28th, 2024

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Find our newsletters online at:
[www.211ashtabula.org/
newsletters](http://www.211ashtabula.org/newsletters)

What am I reading?

Welcome to our 2-1-1 newsletter,
"The 4-1-1 on 2-1-1"!

Now more than ever access to available resources is vital. We started this newsletter to highlight new and/or timely community updates. This is just a small highlight and may not contain all the information you need.

For more resources and for up-to-date information, please remember to contact us at 2-1-1 Ashtabula County! Just Dial 2-1-1.



Ashtabula County
Helping People. Changing Lives.

****Time and days may change. Call ahead to confirm current schedule. ****



Food Pantries in Ashtabula City				
Many of the pantries in Ashtabula City only serve people who live in specific areas of the city. If you live in Ashtabula City please call 2-1-1 to be directed to your appropriate pantry.				
Day	Pantry	Address	Hours	Phone
Monday	Messiah Lutheran	615 Prospect	10:30AM to 12N	440-992-9392
Tuesday	Faith Lutheran	504 Lake Ave	9:45AM to 11:45AM	440-964-7191 (Call ahead starting at 9:45AM)
Tuesday	St. Peter's Church	4901 Main Ave	6PM to 7PM	440-992-8100 (Can be used every week)
Tuesday	Helping Hands	4239 Main Avenue	11AM to 1PM	440-228-7901
Wednesday	Dream Center	604 West 57 th	By Appointment Only	440-998-3732
Wednesday	Faith Lutheran	504 Lake Ave	9:45AM to 11:45AM	440-964-7191 (Call ahead starting at 9:45AM)
Wednesday	GO Ministries	3703 Station Ave	11AM to 1PM Blessing box always available	440-997-0040
Friday	St. Vincent DePaul	3312 Lake Ave	10AM to 12N	440-997-0112
Friday	Dream Center	604 West 57th	By Appointment Only	440-998-3732
Saturday	Helping Hands	4239 Main Avenue	11AM to 1PM	440-228-7901
3 rd Saturday of the Month	Feed Our Vets	433 Center St.	8AM to 11AM	440-813-5131 (Veterans only)
Mon-Wed	Lighthouse Harvest	2926 Lake Avenue	11AM to 1:45PM	440-998-7813 (Call ahead)
Food Pantries throughout the County				
Mon & Fri; 1 st Wed of Month	Manna Food Pantry	89 East Satin (Jefferson)	M&F: 9AM to 11AM 1 st Wed: 5PM to 7PM	440-576-0931 (Manna is allowing people to receive food twice a month)
By appointment	Conneaut Food Pantry	327 Mill St	Appointments are Mon-Thu 9AM – 2PM	440-593-5273 (Leave a message or speak to the front desk)
By appointment Night Pantry: 4 th Monday	Geneva Interfaith Food Pantry	505 West Main St	Must call before noon to get appointment on Wed or Fri First come first serve on 4 th Mon 5PM -6PM	440-466-5500
2 nd Fri of Month	Andover United Methodist Church (for PV School District)	181 South Main St	9AM to 11AM	440-293-6290
4 th Monday of Month (unless a holiday) 4 th Wednesday	Pymatuning Community Church	6459 St Rt 7	M 12N (drive through meal and food box) W 5PM to 6PM (drive through food box)	440-293-7878
Tuesdays	Pierpont Presbyterian Church	71 St Rt 7	10AM to 12N	440-577-1218 (Call ahead)
Monday, Thursday and Friday	Country Neighbor	39 South Maple (Orwell)	1:30PM to 3:00PM Appointment Needed.	440-437-6311

****Time and days may change. Call ahead to confirm current schedule. ****

Wed; 1 st Sat	Eagleville Bible Church	1981 St Rt 45 (Rock Creek)	Wed: 9AM to 11AM 1 st Sat: 9AM to 11AM	440-563-3407
Saturday and Wednesday (Closed the week of D- day)	Good Shepard Lutheran Church (Conneaut School District)	876 Grove Street	Sat 11AM to 12:30 PM Wed 9AM to 2PM (hygiene items available on Saturdays)	440-599-8908
Mobile Pantries/Produce Giveaways				
1 st Monday (Unless holiday)	Conneaut HRC	327 Mill St	10AM to 12N	440-593-5273
4 th Tuesday March – October	Edgewood Alliance Church	3137 East Center St (Conneaut)	10AM to 12N	440-224-2111
2 nd Saturday April- September	St. John’s Lutheran Church	811 South Broadway	9AM to 11AM	440-437-6311
3 rd Monday (if 3 rd Mon. is a holiday, it will be on the 2 nd Mon)	GO Ministries Food Bank	3703 Station Ave	10AM to 12N	440-997-0040
3 rd Thursday June-August	Manna Food Pantry	89 East Satin (Jefferson)	10AM to 12N	440-576-0931
4 th Friday (moves to 3rd week in Nov / Dec)	Andover United Methodist Church	181 South Main St	10AM to 12N	440-293-6290
Soup Kitchens and Hot Meals				
Mon-Wednesday	Lighthouse Harvest	2926 Lake Avenue	11:30AM to 1PM	440-998-7813
Mon-Thursday	GO Ministries	3703 Station Ave	3:00PM to 4:15PM (Dine-in)	440-997-0040
Tues-Friday	Dream Center	604 West 57 th	12N to 1PM (to-go)	440-998-3732
Tuesday	St. Peter’s Church	4901 Main Ave	6PM to 7PM	440-992-8100
1 st and 3 rd Wednesday (unless a holiday)	Mary’s Kitchen	744 Mill Street (Conneaut)	No in-person service. Delivery to Homebound individuals only	440-599-8570
4 th Mon of Month	Pymatuning Community Church	6459 St Rt 7	12N – 1pm Drive through meal	440-293-7878
Saturday and Wednesday (Closed the week of D- day)	Good Shepard Lutheran Church	876 Grove Street	Sat 11AM to 12:30 PM Wed 9AM to 2PM (hygiene items available on Saturdays)	440-599-8908



Upcoming Mobile Food Pantries

The mobile food pantry program provides produce giveaways in multiple places in the county. For more information about your regular local food pantry, please call 2-1-1.

No Mobile Pantry this week

**Looking for your local food pantry?
Call 2-1-1.
Or text your zip code to 898211**



PRODUCE GIVEAWAY

**Jefferson Senior Center
11 East Jefferson St.
May 17th 1-2:30pm Sign up by May 10 th
440-576-9052**

Participating sponsors:
Adoration Hospice, Austinburg Nursing & Rehab,
Bella Care Hospice, Country Club Rehab Campus,
Geneva Center for Rehab & Nursing, Intrepid USA,
Jefferson Healthcare, Jefferson Senior Center.

**All seniors 60 and over
Bags are provided**



SAVE THE DATE

Friday, June 7th, 2024

10:00 A.M.-2:00 P.M.

**15TH ANNUAL SENIOR CITIZENS
CONFERENCE**

LAKESIDE HIGH SCHOOL
6600 SANBORN ROAD
ASHTABULA, OHIO 44004

**Manage your SNAP benefits
with the**

Self-Service Portal

ssp.benefits.ohio.gov



Quick. Easy. User-friendly.





What Are Parent Cafés?

Parent Cafés are a, **FREE**, three part series of group conversations for parents where you can:

- * The Parent Café process includes follow-up, leading to real change in your life, your family, and your community.
- * Learning you are not alone
- * Sharing ideas
- * Learn about community resources



Are Parent Cafés For Me?

Are you a parent, grandparent, or someone who is actively involved in raising a child? If so, the answer is **“yes”!**

Will I Feel Safe Talking About Difficult Things?

Parent Cafés are all about bringing difficult situations and emotions to the surface, supporting each other, and building the strength we need to be the parent we want to be.

To make sure that happens, Parent Cafés create a safe environment where participants:

- * Speak from their own experience
- * Listen attentively
- * Uplift each other
- * Keep confidentiality



SCAN TO REGISTER

Location: Ashtabula County YMCA 263 W Prospect Rd. Ashtabula, OH.

- * Monday, May 20 , 2024 : 5:00pm-7:00pm
- * Tuesday, May 21 , 2024 : 5:00pm- 7:00 pm
- * Wednesday, May 22, 2024 : 5:00pm-7:00pm



Make up sessions are available

food will be provided – there is child care at this facility.

Upon completion of all three sessions you will receive:

- * \$30 in gift cards
- * Certificate of Completion

Contact: Estelle Tomasio - estellet@doyccac.org - 440-992-2121 ext 7028

Sponsored in part by:



PLEASE JOIN US FOR THE
OPEN HOUSE FOR
RECOVERY CENTER FOR HOPE

WEDNESDAY, MAY 15

TIME: 11 a.m. - 2 p.m.

LOCATION:

Windsor Laurelwood • 35900 Euclid Avenue • Willoughby, OH 44094

Opening Remarks 11 a.m. • Ribbon Cutting 11:30 a.m.
Tour Recovery Center for Hope
Documentary screening: Tipping the Pain Scale
Meet our staff
Mindfulness activities
Network with community members
Enjoy lunch and so much more!

**RSVP: Please RSVP by Monday, May 13,
to Michelle.Giancola@uhsinc.com**



**Windsor
Laurelwood**

35900 Euclid Avenue • Willoughby, OH 44094

**windsorlaurelwood.com
440-953-3000**



WINDSOR LAURELWOOD & CROSSROADS HEALTH PRESENT: A VIRTUAL TRAINING

First Episode Psychosis: What Providers Should Know

The experience of psychosis can be frightening and confusing to those who are impacted, and the onset often seems to occur with no warning. It is not uncommon for the first signs of psychosis to appear in later adolescence or early adulthood, significantly impacting functioning at school or work and in relationships with peers and family. Early intervention is critical to the prognosis of those experiencing psychosis. This training will focus on the importance of early education, intervention and coordinated care during the initial onset of psychotic symptoms. Specific information about the First Episode Psychosis and Coordinated Specialty Care models that include psychiatry, therapy, family psychoeducation, supported employment/education, and case management services will also be provided.

**1.0 CEU's for Counselors and Social Workers will be provided.
The Zoom link will be sent out the day before this training.**

Presented by:

Emily Currie Manring, LISW-S and Aaron Burko, LISW-S

[Register here](#) or scan the QR code to register



May 14, 2024 | 12:00pm - 1:00pm

Ashtabula County Community Action Agency
Meals On Wheels Menu



MAY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu Subject to Change Based on Availability of Products. Milk Served Each Day.		1 Cabbage Roll Casserole Green Beans Peaches & Roll	2 Loaded Smash Potato w/ Chili & Cheese Fruit Salad & Roll	3 Roasted Turkey w/ Gravy Sweet Potatoes Stuffing & Green Beans Fresh Fruit
6 Baked Chicken w/ Gravy Mashed Potatoes Peas & Carrots Fruit & Biscuit	7 Penne Pasta w/ Meatballs Italian Vegetables Fresh Fruit	8 Chicken Cutlet w/ Bun Corn Tossed Salad Raisins	9 Turkey Sandwich Tomato Bisque Tomato & Cucumber Salad Grapes	10 Beef Stroganoff Stewed Tomatoes Peas Peaches
13 Italian Sausage w/ Peppers & Onions Buttered Cabbage Peaches	14 Chicken Philly Hoagie w/ Peppers & Onions Carrots Fruit	15 Vegetable Lasagna Broccoli Fresh Fruit	16 Taco Salad w/ Corn Chips Fresh Fruit	17 Fish Sandwich Baked Beans Coleslaw Cinnamon Applesauce
20 Swedish Meatballs Stewed Tomatoes Mixed Vegetable Blend Fruit Cup	21 Nautical Noodle Delight Tropical Ambrosia Salad Cucumber & Tomato Salad	22 Pork Roast Yams Mixed Vegetables Pineapple & Roll	23 Chef Salad Pears Dinner Roll	24 Chicken Casserole Green Beans Pears
27 	28 Oven-Fried Chicken Roasted Corn & Peppers Spinach Fresh Fruit & Biscuit	29 Chicken Parmesan w/ Pasta Italian Vegetables Mixed Fruit	30 Meatloaf w/ Gravy Mashed Potatoes Mixed Vegetables Peaches & Roll	31 Macaroni & Cheese Stewed Tomatoes Roasted Brussel Sprouts Fresh Fruit



YOU MUST CALL 24 HOURS IN ADVANCE TO CANCEL OR RESTART YOUR MEAL
440-998-3244



Our senior nutrition program provides hot, nutritious meals for local seniors. In addition to the meal, our staff also conduct a wellness check with every delivery, Monday-Friday.

A minimum contribution of \$3.00 is requested for each meal delivered. No person will be denied service based on inability to pay.

The home delivered meal program is available to seniors age 60 and older who struggle to prepare or obtain their own meals, and do not have anyone to provide the support for them.

We also have senior dining sites where all seniors, ages 60 and older, are welcome to enjoy lunch. The meals are made fresh daily in our Jefferson kitchen and served hot in our dining rooms.

Lunch is generally served between 11:30 and 2pm, but call for serving times at the site of your choice.

For more information about our senior nutrition programs, or to sign up yourself, contact senior nutrition at 440-998-3244.

By: Samantha Dragon
Have something you want featured?
Email sdragon@accaa.org or call 440-990-1719

This is only a short highlight of some of the timely 2-1-1 resources, please contact 2-1-1 for more information.