

# The 4-1-1 on 2-1-1



*2-1-1 updates for the week of April 1st, 2024*

## IN THIS ISSUE:

**RAM TRANSPORTATION**

**PARENT CAFE**

**SHRED DAY**

**VOLUNTEERS OPPORTUNITIES**

**BLOOD PRESSURE SCREENING**

**MOW APRIL MENU**

**POLLINATOR SOCIETY**

**AND MORE**

Find our newsletters online at:  
[www.211ashtabula.org/newsletters](http://www.211ashtabula.org/newsletters)

## What am I reading?

Welcome to our 2-1-1 newsletter, "The 4-1-1 on 2-1-1"!

Now more than ever access to available resources is vital. We started this newsletter to highlight new and/or timely community updates. This is just a small highlight and may not contain all the information you need.

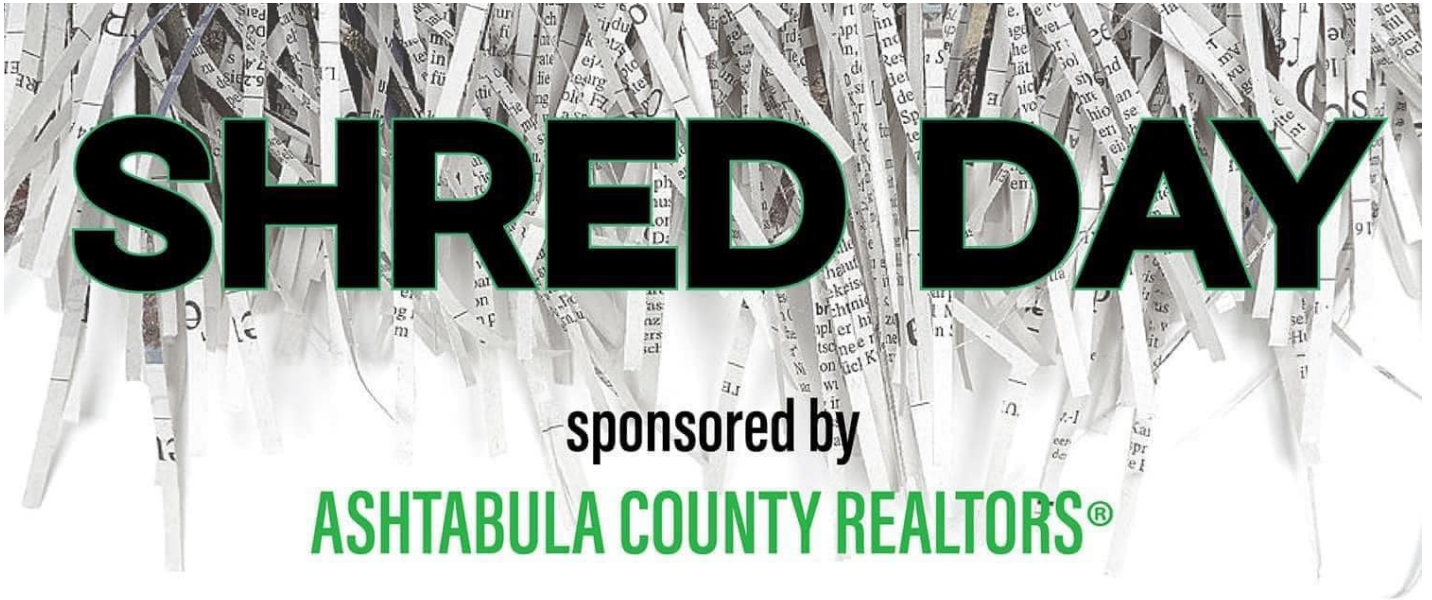
For more resources and for up-to-date information, please remember to contact us at 2-1-1 Ashtabula County! Just Dial 2-1-1.



**Ashtabula County**  
Helping People. Changing Lives.

The 4-1-1 on 2-1-1

The week of April 1st, 2024



**JUNE 29 · 9 AM-12 PM**

**First Baptist Church**

85 W. Jefferson Street, Jefferson, OH 44047

**FREE TO ALL  
UP TO 20 FILE BOXES  
PAPER ONLY PLEASE  
ON-SITE SHREDDING**





# VOLUNTEERS NEEDED

## Jefferson Senior Center

Need a few people to help with setting up for rummage sale. Also help packing up.

**Thursday April 4th 9am-12pm**  
**Saturday April 6th 1-2pm**

**IF YOU CAN HELP CALL ME AT JCRC 440-576-9052**  
**THANK YOU VERY MUCH.**



## Ashtabula County RAM 2024 Transportation Assistance

FREE Medical, Dental and Vision Care



### **FREE shuttle service to the RAM Clinic will be available**

**From the Warming Center – 3527 Lake Avenue, Ashtabula**

Saturday, April 13: 7 AM, 8 AM, 9 AM, 10 AM, 11 AM, Noon

Sunday, April 14: 6 AM, 7 AM, 8 AM, 9 AM

#### **For those living south of I-90**

Please call Country Neighbor at 440-437-6311 prior to April 12  
to schedule FREE transportation

**FOR LIMITED SAME DAY SCHEDULING APRIL 13-14 TO RAM**

**CALL SUNSET TAXI – 440-855-5314**

*Thank you to Sunset Taxi, Ashtabula County Transportation System (ACTS),  
and Country Neighbor for arranging FREE shuttle service to the RAM Clinic.*

### **Information about services at the RAM Clinic**

- Service will be available on a first come, first served basis.
- There are a limited number of openings for vision and dental each day. There is no guarantee that openings will be available. You are more likely to receive the service you want if you arrive early. The later you arrive, the less chance you have of receiving the service you need.
- When you arrive, you may be asked to wait in a tent until an opening is available.
- Patients are typically only able to receive either dental OR vision services on the same day. Medical services are always available.
- The majority of people assisting with the clinic are unpaid volunteers who give of their time to help our community. Please be kind and patient with them.





### Upcoming Mobile Food Pantries

The mobile food pantry program provides produce giveaways in multiple places in the county. For more information about your regular local food pantry, please call 2-1-1.

**Monday, April 1st**

Conneaut Human Resource Center  
327 Mill Street  
Conneaut, OH 44030  
10:00am to 12:00N

**Friday, April 5th**

Sheffield Fire Station  
3636 Sheffield Monroe Road  
Kingsville, OH  
3:00pm to 5:00pm

**Looking for your local  
food pantry?  
Call 2-1-1.**



### MY NEIGHBORHOOD COMMUNITY GARDEN

Volunteer Days & Times

Tuesdays 9 a.m. - 1 p.m.

Thursdays 5 p.m - 7 p.m.

Saturdays 9 a.m. - noon

CLIFFORD KADON PRESIDENTIAL PARK  
5835 Madison Ave. Ashtabula, OH 44004

To get involved, please email us!  
[my.neighborhood.collaborative@gmail.com](mailto:my.neighborhood.collaborative@gmail.com)

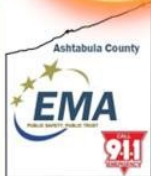
Or Find Us on Facebook @  
[my.neighborhood.collaborative](https://www.facebook.com/my.neighborhood.collaborative)



Stay informed  
For the

April 8, 2024

2024 Solar Eclipse



SUBSCRIBE TO  
EMERGENCY ALERTS



**Ashtabula County ReadyAlert**



Receive emergency notifications for the 2024 Solar Eclipse by scanning the QR Code or visiting the Ashtabula County website at [www.ashtabulacounty.us](http://www.ashtabulacounty.us) and click on the Ashtabula County ReadyAlert Emergency Notification link near the bottom of the page.

### Free Community Outreach Meal



**April 18th**

**ALL ARE WELCOME**



**First United Church of Christ, Austinburg**

2870 Rt 307 \* (440) 275-5125

[Austinburgfirstucc.org](http://Austinburgfirstucc.org)



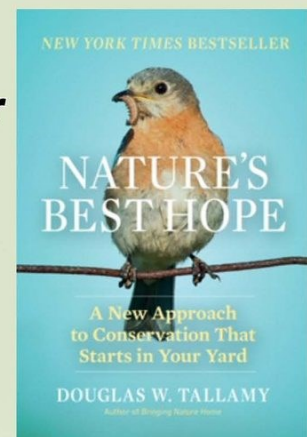
**The Northeast Ohio Pollinator Society cordially invites you to join us on Friday, June 7th at 7:00 PM to hear Dr. Douglas W. Tallamy speak about his bestselling book Nature's Best Hope – A New Approach to Conservation That Starts in Your Yard.**

**In Nature's Best Hope, Douglas W. Tallamy urges homeowners to take environmental action into their own hands, one yard at a time. Dr. Tallamy is a professor of entomology and wildlife ecology at the University of Delaware.**

**The talk will take place at:  
Lakeside High School Performing Arts Center  
6600 Sanborn Road, Ashtabula, Ohio 44004**

**A book signing will follow the talk at 8:00 PM**

**Registration is required and is available at <https://2024-neops-presents-doug-tallamy.cheddarup.com> or by calling Suzanne at 440-576-4946.**

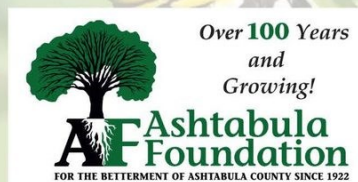


Admission is free to residents of Ashtabula County thanks to generous donations from

**THE ROBERT S.  
MORRISON  
FOUNDATION**

Ashtabula County residents,  
Use PROMO code ASHRES1 at checkout

For out of county residents, ticket price is \$15.



No computer? No Problem,  
call Suzanne at 440-576-4946  
for registration



# FREE

## Blood Pressure Screening

&

## Glucose Screening

### Thursday April 18, 2024

### 11:30AM

Geneva Senior Center  
62 West Main Street  
Geneva, OH 44041

(440) 466-3048



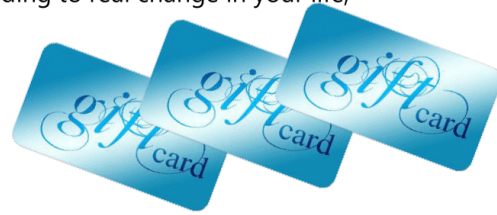




**What Are Parent Cafés?**

Parent Cafés are a, **FREE**, three part series of group conversations for parents where you can:

- \* The Parent Café process includes follow-up, leading to real change in your life, your family, and your community.
- \* Learning you are not alone
- \* Sharing ideas
- \* Learn about community resources



**Are Parent Cafés For Me?**

Are you a parent, grandparent, or someone who is actively involved in raising a child? If so, the answer is **“yes”!**

**Will I Feel Safe Talking About Difficult Things?**

Parent Cafés are all about bringing difficult situations and emotions to the surface, supporting each other, and building the strength we need to be the parent we want to be.

To make sure that happens, Parent Cafés create a safe environment where participants:

- \* Speak from their own experience
- \* Listen attentively
- \* Uplift each other
- \* Keep confidentiality



**SCAN TO REGISTER**

**Location: Ashtabula County YMCA 263 W Prospect Rd. Ashtabula, OH.**

- \* Monday, April 22, 2024 : 5:00pm-7:00pm
- \* Tuesday, April 23, 2024 : 5:00pm- 7:00 pm
- \* Wednesday, April 24, 2024 : 5:00pm-7:00pm

*food will be provided – there is child care at this facility.*

**Make up sessions are available**

**Upon completion of all three sessions you will receive:**

- \* \$30 in gift cards + more money in concrete supports!
- \* Certificate of Completion

**Contact: Estelle Tomasio - estellet@doyccac.org - 440-992-2121 ext 7028**

Sponsored in part by:







**Ashtabula County Community Action Agency  
Meals On Wheels Menu**



**April 2024**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Italian Sausage w/ Bun Peppers & Onions Buttered Cabbage Peaches	<b>2</b> Chicken Philly Hoagie w/ Peppers & Onions Carrots Fruit & Dinner Roll	<b>3</b> Vegetable Lasagna Broccoli Fresh Fruit	<b>4</b> Taco Salad w/ Corn Chips Fresh Fruit	<b>5</b> Fish Sandwich Baked Beans Coleslaw Cinnamon Applesauce
<b>8</b> <b>CLOSED</b>	<b>9</b> Swedish Meatballs w/Noodles Stewed Tomatoes Mixed Veggies & Fruit	<b>10</b> Pork Roast Yams Mixed Veggies Pineapple & Dinner Roll	<b>11</b> Chef Salad Pears Dinner Roll	<b>12</b> Chicken Casserole Green Beans Pears
<b>15</b> Oven Fried Chicken Roasted Corn & Peppers Spinach Fresh Fruit & Biscuit	<b>16</b> Stuffed Pepper Casserole Green Beans Pears & Dinner Roll	<b>17</b> Chicken Parmesan w/ Pasta Italian Vegetables Mixed Fruit	<b>18</b> Meatloaf w/ Gravy Mashed Potatoes Mixed Vegetables Peaches & Dinner Roll	<b>19</b> Macaroni & Cheese Stewed Tomatoes Brussel Sprouts Fruit
<b>22</b> Sloppy Joe Sandwich Green Beans Cauliflower Poppers Grape Juice	<b>23</b> Turkey Croissant Cold Pea Salad Fresh Fruit	<b>24</b> Ham Club Sandwich Vegetable Soup Fruit	<b>25</b> Cream Chicken w/ Biscuit Green Beans Peach Applesauce	<b>26</b> Pot Roast w/ Gravy Roasted Potatoes Carrots Fruit & Dinner Roll
<b>29</b> Pulled Pork w/ Bun Broccoli Salad Bean Quartet Fresh Fruit	<b>30</b> Tuna Salad Sandwich Chilled Bean Medley Fresh Fruit			<b>Menu Subject to Change Based on Availability of Products. Milk Served Each Day.</b>



**YOU MUST CALL 24 HOURS IN ADVANCE TO  
CANCEL OR RESTART YOUR MEAL  
440-998-3244**



Our senior nutrition program provides hot, nutritious meals for local seniors. In addition to the meal, our staff also conduct a wellness check with every delivery, Monday-Friday.

A minimum contribution of \$3.00 is requested for each meal delivered. No person will be denied service based on inability to pay.

The home delivered meal program is available to seniors age 60 and older who are unable to prepare or obtain their own meals, and do not have anyone to provide the support for them.

We also have senior dining sites where all seniors, ages 60 and older, are welcome to enjoy lunch. The meals are made fresh daily in our Jefferson kitchen and served hot in our dining rooms.

Lunch is generally served between 11:30 and 12:30 pm, but call for serving times at the site of your choice.

For more information about our senior nutrition programs, or to sign up yourself, contact senior nutrition at 440-998-3244.

**By: Samantha Dragon**  
**Have something you want featured?**  
**Email [sdragon@accaa.org](mailto:sdragon@accaa.org) or call 440-990-1719**

**This is only a short highlight of some of the  
timely 2-1-1 resources, please contact 2-1-1  
for more information.**