

# The 4-1-1 on 2-1-1



*2-1-1 updates for the week of March 3rd, 2024*

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**AND MORE**

Find our newsletters online at:  
[www.211ashtabula.org/newsletters](http://www.211ashtabula.org/newsletters)

## What am I reading?

Welcome to our 2-1-1 newsletter, "The 4-1-1 on 2-1-1"!

Now more than ever access to available resources is vital. We started this newsletter to highlight new and/or timely community updates. This is just a small highlight and may not contain all the information you need.

For more resources and for up-to-date information, please remember to contact us at 2-1-1 Ashtabula County! Just Dial 2-1-1.



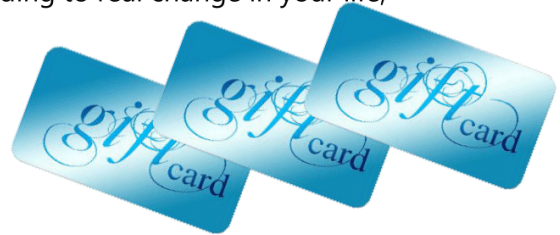
**Ashtabula County**  
Helping People. Changing Lives.



### What Are Parent Cafés?

Parent Cafés are a, **FREE**, three part series of group conversations for parents where you can:

- \* The Parent Café process includes follow-up, leading to real change in your life, your family, and your community.
- \* Learning you are not alone
- \* Sharing ideas
- \* Learn about community resources



### Are Parent Cafés For Me?

Are you a parent, grandparent, or someone who is actively involved in raising a child?

If so, the answer is **“yes”!**

### Will I Feel Safe Talking About Difficult Things?

Parent Cafés are all about bringing difficult situations and emotions to the surface, supporting each other, and building the strength we need to be the parent we want to be.

To make sure that happens, Parent Cafés create a safe environment where participants:

- \* Speak from their own experience
- \* Listen attentively
- \* Uplift each other
- \* Keep confidentiality



**SCAN TO REGISTER**

### Location: Ashtabula County YMCA 263 W Prospect Rd. Ashtabula, OH.

- \* Monday, March 18, 2024 : 4:00pm-6:00pm
- \* Tuesday, March 19, 2024 : : 4:00pm-6:00pm
- \* Wednesday, March 20, 2024 : 4:00pm-6:00pm

*food will be provided – there is child care at this facility.*

*Make up sessions are available*

### Upon completion of all three sessions you will receive:

- \* \$30 in gift cards + more money in concrete supports!
- \* Certificate of Completion

**Contact: Estelle Tomasio - estellet@doyccac.org - 440-992-2121 ext 7028**

Sponsored in part by:





### Upcoming Mobile Food Pantries

The mobile food pantry program provides produce giveaways in multiple places in the county. For more information about your regular local food pantry, please call 2-1-1.

**Monday, March 4th**

Conneaut Human Resource Center  
327 Mill Street  
Conneaut, OH  
10:00am to 12:00n

Looking for your local food pantry?  
Call 2-1-1.



Bring your own bags if possible

**Saturday**

**March 9th**

**11AM to 2PM**

**First United Church of Christ**  
2870 RT 307, Austinburg

**FREE LUNCH SERVED**  
Bring the Whole Family



## Trauma-Informed Care for Front Desk Staff

March 7, 2024  
11:00am-1:00pm

-OR-

March 13, 2024  
11:00am-1:00pm



Register with QR Code or Email: [joleen.sundquist@cccOhio.com](mailto:joleen.sundquist@cccOhio.com) for more details!



# Join Us for Jefferson's **GREAT EASTER EGG HUNT**

**Saturday, March 23 - 11:00 am**

**Jefferson High School Football Field**

**Over 4,000 Easter Eggs**

**Loaded with Candy and Hundreds of Prizes!!**

**RAIN OR SHINE!!**

**Sponsored By:**  
**Jefferson Area Chamber of Commerce**  
**and Gazette Newspapers**  
Made Possible with the Generous Donations of  
your Jefferson Area Business & Industry



- 4 Age Groups:**
- 1-2 year olds**
  - 3-5 year olds**
  - 6-8 year olds**
  - 9-11 year olds**

**4 Bicycles  
To Give Away!**  
1 for Each  
Age Group

**Ashtabula Municipal Court**  
110 West 44<sup>th</sup> Street, Ashtabula OH 44004  
440-992-7109  
[www.ashtabulamunicipalcourt.com](http://www.ashtabulamunicipalcourt.com)

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*Get rid of your old fines in one shot...*



*...take advantage of the March Madness  
Clean Sweep!*

**Time for spring cleaning!** Sweep away old fines when you make a payment during the week of March 25<sup>th</sup>- 31<sup>st</sup>, 2024 on cases 2022 or older. A minimum payment of \$100 must be made, and the Court will match any qualifying payment made at court or online (statutory fines and restitution are excluded).

The Clean Sweep program includes Probation fees as well. A minimum payment of \$20 must be made at court or online and the payment will be matched. Visit our website at [www.ashtabulamunicipalcourt.com](http://www.ashtabulamunicipalcourt.com)

*Mark your calendars for this great program!*



Phone: (440) 992-2727 \* Website: [www.homesafeincac.org](http://www.homesafeincac.org)

\* Email: [executivedirector@homesafeincac.org](mailto:executivedirector@homesafeincac.org)

**ITEMS MOST NEEDED:**

**GIFT CARDS** – Grocery, Department Stores and Hardware Stores – any amount (shelter & clients)

**GAS CARDS** – For residents

**MISC** - Toilet Paper, Paper Towels, Kleenex Tissues, cleaning wipes, Aftercare items

**MONETARY DONATIONS ALSO ACCEPTED**

**ADDITIONAL ITEMS NEEDED:**

**KITCHEN SUPPLIES:**                      **CLEANING SUPPLIES:**                      **CLOTHING ITEMS (NEW):**

Trash bags – all sizes  
Dishwasher soap/pods  
Dish soap  
Scouring pads  
  
Aluminum Foil  
Plastic Wrap  
Storage bags (all sizes)  
Freezer bags (all sizes)  
Kitchen towels  
Potholders  
Toddler cups/dishes/utensils

Lysol/Clorox cleaning sprays and wipes  
Toilet bowl cleaner  
All-purpose cleaner/floor cleaner  
Brooms/Mops  
Window cleaner  
Dust pans  
After shower spray  
Bathroom cleaner  
Kleenex tissues  
Pump hand soap

**ADULTS/CHILD/TEEN:**  
Comfy pants/leggings  
T-shirts, long & short sleeve  
Underwear (in package, unopened)  
Robes  
Pajama sets  
  
**BABY/TODDLER:**  
Onesies  
Pajamas- sets/one piece  
Receiving blankets

**BATH/LAUNDRY SUPPLIES:**

Bath towels  
Washcloths  
Body wash  
Body wash puffs  
Body lotion  
Baby lotion  
Baby wash  
Laundry detergent  
Dryer sheets  
Clothes baskets

**AFTER-CARE ITEMS (NEW): WELCOME PACK SUPPLIES:**

Dishes- plates/bowls  
Utensils/service ware  
Glasses  
Bakeware  
Pots & pans  
Bath towels/washcloths  
Dish towels  
Bedding/blankets  
Cleaning supplies  
Kitchen supplies

Playing cards  
Notepads  
Journals  
Coloring books- adult/child  
Playing cards- adult/child  
Word search books- adult/child  
Sketch pads  
Colored pencils  
Crayons  
Markers

# REMOTE AREA MEDICAL

FREE, FIRST COME, FIRST SERVED, NO ID REQUIRED!



## DENTAL

- Cleanings
- Fillings
- Extractions
- X-rays



## VISION

- Complete Eye Exams
  - Eye Health Evaluations
- Prescription glasses made on site!



## MEDICAL

- Physical Exams
- RX Consultations
- Women's Health Exams & more!

## Ashtabula, OH

April 13-14, 2024

Lakeside High School

6600 Sanborn Rd.

Ashtabula, OH 44004

- COMPLETELY FREE
- NO ID REQUIRED
- NO ELIGIBILITY REQUIREMENTS
- FIRST COME, FIRST SERVED

FOR MORE INFO: [RAMUSA.ORG](http://RAMUSA.ORG) | 865.579.1530






Ashtabula County Community Action Agency  
Meals On Wheels Menu



March 2024

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|--|--|---|--|--|
| <b>Menu Subject to Change Based on Availability of Products.</b><br><b>Milk Served Each Day.</b> |  |   |  | <b>1</b><br>Tuna Sandwich<br>Vegetable Soup<br>Tropical Ambrosia Salad<br>Cucumber & Tomato Salad  |
| <b>4</b><br>Pulled Pork w/ Bun<br>Brussel Sprouts<br>Bean Quartet<br>Fresh Fruit                 | <b>5</b><br>Teriyaki Chicken w/ Rice<br>Asian Blend Vegetables<br>Applesauce<br>Tropical Fruit Cup | <b>6</b><br>Cabbage Roll Casserole<br>Key West Veggie Blend<br>Peaches<br>Dinner Roll | <b>7</b><br>Turkey w/ Gravy<br>Sweet Potatoes<br>Stuffing<br>Green Beans & Fruit | <b>8</b><br>Fish Sandwich<br>Baked Beans<br>Coleslaw<br>Cinnamon Applesauce                        |
| <b>11</b><br>Baked Chicken w/Gravy<br>Mashed Potatoes<br>Peas & Carrots<br>Oranges & Biscuit     | <b>12</b><br>Pasta w/Meatballs<br>Italian Vegetables<br>Fresh Fruit                                | <b>13</b><br>Kielbasa<br>Mashed Potatoes<br>Corn Salad<br>Applesauce & Roll           | <b>14</b><br>Turkey&Cheese Sandwich<br>Tomato Bisque<br>Beets<br>Grapes          | <b>15</b><br>Nautical Noodle Delight<br>Tropical Ambrosia Salad<br>Cucumber&Tomato Salad           |
| <b>18</b><br>Italian Sausage w/ Bun<br>Peppers & Onions<br>Buttered Cabbage<br>Peach Cup         | <b>19</b><br>Chicken Sandwich<br>w/ Lettuce & Tomato<br>Corn<br>Tossed Salad & Raisins             | <b>20</b><br>Chili<br>Cornbread<br>Cold Pea Salad<br>Fruit                            | <b>21</b><br>Chicken Noodle Casserole<br>Green Beans<br>Mixed Fruit              | <b>22</b><br>Vegetable Lasagna<br>Broccoli<br>Mandarin Orange                                      |
| <b>25</b><br>Meatball Hoagie<br>Potatoes O'Brien<br>Broccoli<br>Mixed Fruit                      | <b>26</b><br>Chef Salad<br>Pears<br>Dinner Roll  | <b>27</b><br>Pork Roast<br>Mashed Potatoes<br>Mixed Vegetables<br>Pineapple & Roll    | <b>28</b><br>Stuffed Shells<br>Roasted Broccoli<br>Salad                         | <b>29</b><br> |



**YOU MUST CALL 24 HOURS IN ADVANCE TO  
CANCEL OR RESTART YOUR MEAL  
440-998-3244**

