The 4-1-1 on 2-1-1



2-1-1 updates for the week of September 28th, 2025

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FALL FESTIVAL

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LUNCH & LEARN

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AND MORE

Find our newsletters online at: www.211ashtabula.org/newsletters

What Am I Reading?

First of all, thank you for your interest in sharing Ashtabula County resources! This newsletter, 'The 4-1-1 on 2-1-1' is created by 2-1-1 Ashtabula County to share timely and relevant resource information.

This newsletter is released weekly, on every Monday. You can find it on our website at 211ashtabula.org or on our Facebook page, 2-1-1 Ashtabula County.

2.1.1

Ashtabula CountyHelping People. Changing Lives.

You're invited to **2-1-1 Keys to Community**



Wednesday, October 1, 2025 9:30am to 11:00am Ashtabula County District Library

Part One

The 101 on 2-1-1

Not familiar with 2-1-1? Attend this introduction to our 24 hour information and referral service, and how it can benefit your agency and clients.

2-1-1

Ashtabula County

Helping People. Changing Lives.

Part Two

HIS HELPING HANDS

SENIOR NUTRITION PROGRAM ASHTABULA DREAM CENTER

ASHTABULA COUNTY HEALTH DEPARTMENT

2-1-1 Keys to Community is a free quarterly event that highlights 2-1-1 Ashtabula County and four other local programs. Join us to learn more about our community!

Please RSVP by emailing 211 at 211@accaa.org







FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

ADULT ADAPTIVE SWIM LESSONS

Inclusive and Fun Learning Experience

The Ashtabula Family YMCA is offering Adaptive swim lessons for adults with developmental disabilities. These lessons are with trained instructors in both behaviors and swimming. If the student has an extreme fear of the water, we ask a parent or staff member to accompany them in the water. All you need is a willingness to learn.

NEW SESSIONS EVERY 4 WEEKS.... NEXT SESSION STARTS OCT 1ST AND THEN OCT 29TH - CONTACT THE YMCA FOR FUTURE SESSION START DATES AFTER OCT 29TH (PROGRAM RUNS THRU FEBRUARY 5, 2026)

When: Wednesdays 6:00-7:00pm

Session: 4 weeks

Fee: Member \$20

Non Member \$45

Age: 18 and older

Registration: Now-February 5th



Contact Giana at the Y or at gvarchetto@AshtabulaYMCA.org for more information.



Registration is required. RSVP by 10/6/2025.

Scan QR Code to register online or

Call: (330) 744-8451

OCTOBER 14, 2025 12:00 PM

A light lunch will be provided. *Doors open at 11:45 a.m.

St. Joseph Calasanctius Church

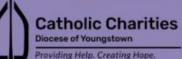
Jefferson, OH 44047

Protecting the Vulnerable: The Catholic Charities Guardianship Program

Catholic Charities invites you to an important conversation with Jill Valentic, Executive Director of Catholic Charities of Ashtabula County and Kristin Cellini, Guardianship Program Manager about the Catholic Charities Guardianship Program. Together, they will discuss what the program is, the people it serves, when providers should reach out, and how community members can step forward to make a difference as volunteer guardians.

Event is free, but registration is required.













FREE CLASS

HEALTH COACHES S FOR HYPERTENSION CONTROL

WEDNESDAYS STARTING
SEPTEMBER 3 THROUGH
OCTOBER 22
AT 1:30
ACCOA CENTER FOR
ACTIVE LIVING

This group facilitated evidence based program takes place over 8 weekly sessions and is designed to help manage hypertension by focusing on nutrition, physical activity, stress management and more.

QUESTIONS? 330.505.2340







Upcoming Mobile Food Pantries

The mobile food pantry program provides produce giveaways in multiple places in the county. For more information about your regular local food pantry, please call 2-1-1.

There are no Mobile Pantries this Week

Looking for your local food pantry?

Call 2-1-1.



Adult Event



How the New Tax Laws May Affect You

Geneva Public Library Wednesday, October 15, 10 a.m. - 12 p.m.

Recent changes in tax law may result in changes to your tax obligations. Join AARP Tax-Aide Specialists and an IRS Representative for this informative workshop, as they discuss these changes.







ASHTABULA COUNTY FAMILY YMCA

Saturday, Oct. 18 6:30-8:00 pm

Admission: Pre-Registration is FREE for our YMCA members! \$7 per family for our Community Non-Members that are pre-registered. Admission at the door is \$7.00 for Family members and \$12.00 for Community Family Non-Members. Proceeds support the YMCA's financial assistance program.

All children under the age of 12 must be accompanied by an adult.

Put on your costumes and have a frightfully good time at the annual Fall Family Festival! This event will include children's games, candy, inflatable obstacle course, the famous haunted walk, and more! This event is open to the public.

PRE-REGISTRATION IS AVAILABLE AT THE Y OR ONLINE AT ASHTABULAYMCA.ORG.

ASHTABULA COUNTY FAMILY YMCA 263 West Prospect Rd • Ashtabula, OH 44004 • 440-997-5321



Ashtabula County Board of Developmental Disabilities OPEN HOUSE

Wednesday, October 15th 10:00am-7:00pm

Feel free to stop in for a tour of our building between 10:00am and 7:00pm. No registration required!

LEARN ABOUT:

- Early Intervention Services, 0-3 years old
- Service & Support Administration, beyond 3 years old
- Assistive Technology
- Investigative Services & Support

For more information or questions please contact Haylee Mott at haylee.mott@ashtabuladd.org or call/text 440-417-2127



Country Neighbor's "Food Distribution"

Monday, September 29, 2025 3:00 PM - 5:00 PM.

Country Neighbor Program 39 South Maple St. Orwell, OH 44076

You MUST be Present

Distribution will be set up as a drive thru, no contact format.

Individuals must be Ashtabula County Residents with the following income guidelines:

This table shows yearly gross income for each family size, updated 7/1/2025. If your household income is at or below the income listed for the number of people in your household, you are eligible to receive food.

Federal Assistance is through the Emergency Food Assistance Program.

Household Size	Yearly Income	Monthly Income	Weekly Income	
1	\$31,300	\$2,608	\$602 \$813 \$1,025 \$1,237 \$1,448 \$1,660	
2	\$42,300	\$3,525		
3	\$53,300	\$4,442		
4	\$64,300	\$5,358		
5	\$75,300	\$6,275		
6	\$86,300	\$7,192		
7	\$97,300	\$8,108	\$1,871	
8	\$108,300	\$9,025	\$2,083	
9	\$119,300	\$9,942	\$2,294	
For each additional \$11,000 nousehold member add		\$917	\$212	

Any additional information, please call Jim at Country Neighbor, 440-437-6311 Opt 6 or 7

Food distribution made possible by Country Neighbor Program



Opening Doors

Building a Better Future Through Parent Leadership

The Opening Doors Program is a free ten-week evidence-based parenting, leadership, and advocacy program for parents/custodians/guardians with children ages 0-5. Class meets once a week on Tuesday nights. Registration is required to participate in program.

Parents will learn:

- How to help your children develop healthy habits.
- How to prepare them to be successful in school.
- Resources and services available to help support your family.
- How to interact with other parents in your community.

Dates: October 14, 2025 - December 16, 2025

Registration is required in advance of class.

Class size is limited.

Location: Catholic Charities of Ashtabula County
4200 Park Avenue, Third Floor

Ashtabula, OH 44004

Complimentary meal provided to participants from 5:00 p.m. to 5:30 p.m. Class adjourns promptly at 7:30 p.m.

To access application:

scan QR code



or visit link



https://fs10.formsite.com/XhJosz/9hnmoyqgju/index.html



or call for an appointment

For more information or to register Contact Carrie A. 440-992-2121 ext. 7049 carriea@doyccac.org



October

2025

Homesafe Support Groups



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Building a Support Network 7:00pm	2	3	Positive Affirmations 9:00pm
Reclaiming Joy & Future Goals 3:00pm	6	7	8 Creative Expression for Healing 7:00pm	9	10	Halloween Art Therapy 9:00pm
Coping Tool Kit Activity 3:00pm	13	14	Holiding Confidence Through Affirmations	16	17	Achieving Goals 9:00pm
Trust & Safety 3:00pm	20	21	Personal Values and Goal Setting 7:00pm	23	24	25 Halloween Movie Night 9:00pm
26 Grief & Loss Activity 3:00pm	27	28	29 Managing Anger in Healthy Ways 7:00pm	30	HAPPY HALLOWEEN	

Ashtabula County Prevention Coalition

P.A.R.T. CONFERENCE



PREVENTION AWARENESS RECOVERY

TREATMENT



•••• October 10, 2025 9:00am-4:00pm



Ashtabula County Technical & Career Campus 1565 State Rte. 167, Jefferson, OH

Registration Opens at 8:00 There is NO FEE to attend; Lunch, CEs and RCHs provided There will be resource tables for plenty of networking opportunities

This event is open to anyone interested in expanding their knowledge around Prevention, **Awareness, Recovery, and Treatment** initiatives in Ashtabula County.

Key Note Address:

This year's Keynote Speaker will be Bethany Yeiser, **President of the CURESZ** Foundation which she cofounded with Dr. Henry Nasrallah in 2016. CURESZ stands for Comprehensive **Understanding via Research** and Education into Schizophrenia. She is a motivational speaker and the author of Mind Estranged: My Journey from Schizophrenia and Homelessness to Recovery (released May 31, 2014).



Breakout Sessions Include:

Behavioral Health Housing Options in Ohio, Youth Trends: Understanding Risk and Shaping Healthy Behaviors, Treatment Modalities, CSB START Program, **Current Trends from The Crime Enforcement Agency of** Ashtabula County, & Family Matters: The Impact of SUD's on the Family.

We will close out the day with a Recovery Panel focused on dual diagnosis.

To register scan the QR Code: (8) or visit the website at:

https://www.ashtabulamhrs.org/event/ p-a-r-t-conference-oct-10-2025/





For questions please e-mail: