

# The 4-1-1 on 2-1-1

*2-1-1 updates for the week of August 16th, 2020*



## IN THIS ISSUE:

**FOOD UPDATES FOR THE WEEK OF AUGUST 16TH, 2020**

**TIPS FOR CAREGIVERS**

**EXPEDITED PARDON PROJECT**

**M.O.M.S. PROGRAM**

**AND MORE**

Find our newsletters online at:  
[www.211ashtabula.org/newsletters](http://www.211ashtabula.org/newsletters)

## What Am I Reading?

Welcome to our brand new 2-1-1 newsletter, "The 4-1-1 on 2-1-1"!

Now more than ever access to available resources is vital. We are starting this newsletter to highlight new and/or timely community updates. This is just a small highlight and may not contain all the information you need.

For more resources and for up-to-date information, please remember to contact us at 2-1-1 Ashtabula County! Just Dial 2-1-1.





### Area Farmers' Markets

Ashtabula Farmers' Market  
Sundays - Through October 11, 2020  
10:00 am – 2:00 pm  
Located in the parking lot of 1105 Bridge Street, Ashtabula  
**Takes WIC & Senior Nutrition Program Coupons**  
<https://www.facebook.com/pg/AshtabulaFarmersMarket/>

Conneaut Farmers' Market  
Saturdays – Through October 10, 2020  
9:00 am – 1:00 pm  
Located in the Moose Lodge parking lot at 280 Park Ave., Conneaut  
**Takes WIC & Senior Nutrition Program Coupons**  
<https://www.facebook.com/conneautfarmersmarket/>

Jefferson Farmers' Market  
Saturdays – Through October 10, 2020  
9:00 am – 1:00 pm  
Located behind the Jefferson Historical Society, 42 E. Jefferson St., Jefferson  
<https://www.facebook.com/JeffersonOhioFarmersMarket/>

Pierpont Farmers' Market  
Saturdays – Through Sept. 26, 2020  
7:00 am – Noon  
Located in front of the Williams-Ducro Funeral Home, 1071 Route 7, Pierpont  
<https://www.facebook.com/Pierpont-Farmers-Market-102058767815134/>

For more information about local foods, the 2020 Ashtabula County Local Food Guide has been released. You can find a digital copy at <https://ashtabulalocalfood.org/local-food-guide/>.

**Looking for your local food pantry? Need to know where you can go for a hot meal? Contact 2-1-1 today!**

### Upcoming Mobile Food Pantry

The mobile food pantry program provides a produce give away in multiple places in the county.

**Monday, August 17th**  
G.O. Ministries  
3703 Station Ave.  
Ashtabula, Ohio  
10:00 a.m. to 12:00 p.m.

**Monday, August 17th**  
Plymouth United Methodist  
970 Plymouth Rd.  
Ashtabula, Ohio  
3:30 until gone

**Thursday, August 20th**  
Manna Mobile Food Pantry  
89 E. Satin Street  
Jefferson, Ohio  
10:00 a.m. to 12:00 p.m.

### Local Food Council Released 2020 Guide

Ashtabula Local Food and the Ashtabula County OSU Extension have put out this year's local food guide. This guide provides information about local farmers, butchers, restaurants, wineries, and farmer's markets. It also notes which locations have social media, which locations accept Senior Nutrition or WIC coupons, and even what type of items are available at each location.

For a digital copy of the guide, you can go to <https://ashtabulalocalfood.org/local-food-guide/>. If you have questions about this Local Food Guide, have an edit, or would like to submit an entry, please contact Julie Wayman, Local Foods Coordinator at OSU Extension, at [wayman.31@osu.edu](mailto:wayman.31@osu.edu) or 440-576-9008.



# 10 TIPS FOR FAMILY CAREGIVERS



Seek support from other caregivers. You are not alone!



Take care of your own health so that you can be strong enough to take care of your loved one.



Accept offers of help and suggest specific things people can do to help you.



Learn how to communicate effectively with doctors.

1



Be open to new technologies that can help you care for your loved one.

2



Watch out for signs of depression and don't delay getting professional help when you need it.

3



Caregiving is hard work so take respite breaks often.

4

7



Organize medical information so it's up to date and easy to find.

6



Make sure legal documents are in order.

5



Give yourself credit for doing the best you can in one of the toughest jobs there is!

8

9

10



# Are you a voter?

## THE CENSUS DECIDES:

- HOUSE OF REPRESENTATIVES
- ELECTORAL COLLEGE VOTES
- VOTING DISTRICTS

Protect Your Vote - Complete Your Census

### Census Takers Have Already Started Knocking

Census workers have already started knocking on doors, and will continue for the next few weeks. Anyone who has not completed the census online, through the mail, or over the phone, will be visited by a census taker who will be able to fill out the census with them in person.

Here is what you need to know about the census takers in your neighborhood.

**They will be wearing a mask.** Census takers must take an online COVID-19 training on social distancing and other health and safety protocols.

**They will have an ID Badge.** Their ID badge will have their photograph, a U.S. Dept of Commerce watermark, and an expiration date.

**If you still have concerns,** you can contact your regional census office to verify who the census taker is. Our regional office is in Philadelphia and their number is 267-780-2600.

## HOW TO IDENTIFY A CENSUS TAKER



**TIME OF DAY**  
Census takers will visit between 9AM - 9PM LOCAL TIME



**ID BADGE**  
Ask for official Census Bureau identification



**VEHICLE IDENTIFICATION**  
An "Official Business" notice will be placed on the vehicle

**SMART DEVICE**  
Census takers will carry an iPhone to record information



**WEAR A MASK**  
Census takers are required to wear a mask and maintain 6ft social distancing



Fill out your form online or by phone!  
[www.my2020census.gov](http://www.my2020census.gov) | 844-330-2020



## LOOKING FOR LOCAL COVID-19 TESTING?

**1** Visit the Ohio Department of Health website for **Testing and Community Health Centers** at: [www.coronavirus.ohio.gov](http://www.coronavirus.ohio.gov)

-or-

**2** **Contact a local healthcare provider** or visit their website for current testing information\*:

- University Hospitals:  
[www.uhhospitals.org/healthcare-update/covid-19-testing-locations](http://www.uhhospitals.org/healthcare-update/covid-19-testing-locations)
- Ashtabula County Medical Center:  
[www.acmchealth.org](http://www.acmchealth.org)
- Signature Health:  
[www.signaturehealthinc.org/coronavirus](http://www.signaturehealthinc.org/coronavirus)
- State Road Occupational Medical Facility:  
[www.stateroadmed.net](http://www.stateroadmed.net)
- Prospect Urgent Care:  
[www.urgentcaremanagement.net/prospect](http://www.urgentcaremanagement.net/prospect)

-or-

**3** **Call 2-1-1** Mon-Fri from 8AM-4:30PM for information about local COVID-19 testing options

\*Testing availability and criteria varies by provider and is subject to change.  
Updated: 8/6/2020



### Pardons Available Through the Ohio Governor's Expedited Pardon Project

Applicants who have had no felony or misdemeanor convictions in the last ten years, and who fit the other minimum requirements, can apply for a pardon. The process is outlined at <https://www.ohioexpeditedpardon.org/>.

The program is set up to make it easier and faster to apply for a formal pardon from the Governor under Ohio's laws. They are trying to reduce challenges for Ohioans that meet certain criteria and have exceptional stories. These Ohioans must be able to show that they have been rehabilitated and have contributed positively to their communities after completing their sentences.

The project was established in collaboration between Ohio Governor Mike DeWine, the Drug Enforcement and Policy Center at The Ohio State University Moritz College of Law and the Reentry Clinic at The University of Akron School of Law.

For more questions or information go to <https://www.ohioexpeditedpardon.org/>.

## 2-1-1 ASHTABULA COUNTY

Looking for community resources?  
Connect with us!



### DIAL 2-1-1

All day. Every day.

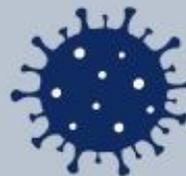


### VISIT ONLINE

[www.211ashtabula.org](http://www.211ashtabula.org)

### TEXT "COVID19" TO 211-211

Local information specialists available  
M - F 8AM - 4PM



### COVID-19 INFORMATION HOTLINE

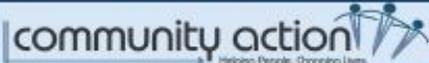
M - F 8AM - 4:30PM

### "LIKE" US ON FACEBOOK



[www.facebook.com/ashtabulainfo](http://www.facebook.com/ashtabulainfo)

A service of...



### Do you have a past due amount or a disconnect on your gas, electric, or water bill?

Call now to find out if you qualify for Utility Assistance.

## 440-997-5957 ext. 512

Or just dial 2-1-1  
Apply now, funds are limited!



## PEER WARM LINE

If you are struggling emotionally or worried about someone you love, please call or text to connect with someone who can help:

Call or Text: 440-844-0214

Monday-Friday 8:00a.m. – 5:00p.m.



### M.O.M.S. Program

The M.O.M.S program at the Community Counseling Center is still actively recruiting applicants. This program is focused on improving the health of pregnant women, who have been diagnosed with an opiate use disorder, and their newborn children. Care coordination and wrap-around services include: medication-assisted treatment options, dual-diagnosis counseling services, psychiatric services, transportation to and from medical appoints, recovery support services, housing assistance, OB/GYN referrals, and supported employment services. Eligible applicants can enroll at the onset of pregnancy and stay in the program for up to one year after the delivery of their infants. All enrolled applicants will receive a car seat and a stocked diaper bag. For more information, please call 440-885-3027

**“We need to accept that we won’t always make the right decisions, that we’ll screw up royally sometimes – understand that failure is not the opposite of success, it’s part of success.”**

**– Arianna Huffington**

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**By: Samantha Dragon**

**Have something you want featured?**

**Email [sdragon@accaa.org](mailto:sdragon@accaa.org) or call 997-5957 Ext. 522**

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**This is only a short highlight of some of the timely 2-1-1 resources, please contact 2-1-1 for more information.**