

The 4-1-1 on 2-1-1



2-1-1 updates for the week of April 7th, 2024

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AND MORE

Find our newsletters online at:
www.211ashtabula.org/newsletters

What am I reading?

Welcome to our 2-1-1 newsletter, "The 4-1-1 on 2-1-1"!

Now more than ever access to available resources is vital. We started this newsletter to highlight new and/or timely community updates. This is just a small highlight and may not contain all the information you need.

For more resources and for up-to-date information, please remember to contact us at 2-1-1 Ashtabula County! Just Dial 2-1-1.



Ashtabula County
Helping People. Changing Lives.



Opening Doors

Building a Better Future Through Parent Leadership

The Opening Doors Program is a **free** ten-week evidence-based parenting, leadership, and advocacy program for parents/custodians/guardians with children **ages 0-5**. Class meets once a week on Tuesday nights. Registration is required to participate in program.

Parents will learn:

- How to help your children develop healthy habits.
- How to prepare them to be successful in school.
- Resources and services available to help support your family.
- How to interact with other parents in your community.

Dates: April 9, 2024 – June 11, 2024

Registration is required in advance of class.

Class size is limited.

Location:

Children's Services Building
3914 C Ct., Ashtabula, OH 44004

Free meal provided to participants from 5:00 pm to 5:30 pm

Scan QR code or visit link to
access application materials.

Call to schedule an Appointment.



<https://fs10.formsite.com/XhJosz/9hnmoyqgju/index.html>

For more information or to register
Contact Carrie A.
440-992-2121 ext. 7049
carriea@doyccac.org

Catholic Charities of Ashtabula County
Providing Help, Creating Hope
4200 Park Ave, Third Floor
Ashtabula, Ohio 44004



Funded in part by Ashtabula County
Department of Job and Family Services

SAVE THE *Dream* OHIO'S FORECLOSURE PREVENTION EFFORT



PROPERTY TAX ASSISTANCE!

Are you a homeowner who has been affected by COVID?

Ashtabula County Community Action Agency is here to help!!

The Ohio Housing Finance Agency (OHFA) through Community Action has launched a new program that will help many people with higher income levels. A family of one can make \$103,000 yearly and still qualify for assistance.

If you are a homeowner who has had a COVID hardship, you can get assistance with:

- ✓ Property Taxes
- ✓ Clerk of Courts (Property Taxes Only)
- ✓ Tax Ease (Property)

150% Area Median Income / Income Guidelines / Persons in Family							
1	2	3	4	5	6	7	8
\$103,350	\$118,200	\$132,900	\$147,600	\$159,450	\$171,300	\$183,150	\$194,850

NOW ACCEPTING APPLICATIONS!!

HOW CAN I GET AN APPLICAION, YOU ASK?

- Call 2-1-1 for a referral to our office to receive an application.
- Call the office at 440-990-2211 to request an application
- Stop by the office at 4200 State Rd, Ashtabula 44004
- See our Community Action Website, www.accaa.org.

Call today for assistance, so we can help!!



ASHTABULA COUNTY REALTORS
PRESENT

Charity Cake Auction

SATURDAY, MAY 11
ASHTABULA TOWN SQUARE

Entertainment begins at 10:00 a.m.
Cake Auction begins at Noon



proceeds benefit



**HOSPICE OF THE
WESTERN RESERVE**

For more information and to register, contact:
Clorice Dlugos-Vines at 440.812.2542
Vicki Miller at 440.813.3379
or the Ashtabula County Realtors at 440.998.1152



Upcoming Mobile Food Pantries

The mobile food pantry program provides produce giveaways in multiple places in the county. For more information about your regular local food pantry, please call 2-1-1.

Saturday, April 13th
St John's Lutheran Church
811 S. Broadway
Geneva, OH 44041
10:00am to 11:30am

**Looking for your local
food pantry?
Call 2-1-1.
Or text your zip code to
898211**

APRIL IS

National Child Abuse Prevention Month

WEAR BLUE APRIL 10
TO RAISE AWARENESS



**CHILD ABUSE IS
PREVENTABLE**

#OHIOWEARSBLUE2024



Saturdays
June 22 - Sept. 28
8 a.m. to Noon
1071 State Route 7, Pierpont

CONNEAUT PUBLIC LIBRARY

FRIENDS SCHOLARSHIP

APPLY TODAY!
All applications are due
Friday, April 12th!

Questions? Please contact:
carissa.nardo@conneaut.lib.oh.us

Free Community Outreach Meal



April 18th

ALL ARE WELCOME



First United Church of Christ, Austinburg
2870 Rt 307 * (440) 275-5125
Austinburgfirstucc.org



NOW HIRING COME JOIN OUR TEAM

Ashtabula County Head Start Program is looking for fun,
energetic people who love working with children!

We are currently searching for:

Preschool Teachers to provide a successful, safe and supervised educational setting to promote the social, emotional, physical, and cognitive development of children. Develop individual goals for children, provide continuous assessment on progress, and facilitate a successful transition into kindergarten. Must have an Associates Degree or higher in Early Childhood Education (or currently working towards an ECE degree).

Assistant Teachers to assist the teacher and cooperate in a supportive role to provide a successful, educational setting to promote the social, emotional, physical, and cognitive development of children. Must have a High School Diploma and experience working with Children with a desire to obtain the required CDA.

Toddler Teachers to promote the social, emotional, physical, and cognitive development of 2 year old children. Develop individual goals for children, provide continuous assessment on progress. Must have a High School Diploma and experience working with Children with a desire to obtain the required CDA.

What You Can Expect:

- Competitive hourly wage (starting wages recently increased)
- Enjoy free meals with the children
- Medical, dental, vision and supplemental insurance plans available
- 403(b) retirement plan
- Regular daytime hours and no weekends
- Possible assistance granted for CDA or college classes
- Paid time off around major holidays
- Additional Paid Time Off (PTO) awarded after probationary period
- Qualify for student loan forgiveness through the PSLF Program

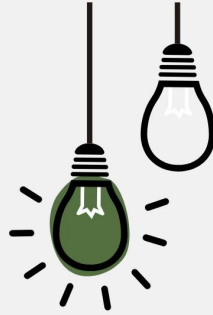
For more information, please call (440) 993-7716 or visit our website at headstartashtabula.org/careers.



This Agency is an equal opportunity provider.



WE NEED YOUR FEEDBACK!



Healthy Ashtabula County's Access to Care Committee is looking for your feedback. Please take this short (5 Questions) survey.

www.healthyashtabulacounty.com

We need your help with growing health and wellness resources for residents in Ashtabula County! Please complete this short survey: <https://forms.office.com/r/hiSyyQ0hSM> to help us reach others for valuable feedback.

Mental Health First Aid Class Available

Now registering for Mental Health First Aid!

Classes will be held on Friday, May 3rd (5:00p-9:00p) and Saturday, May 4th (8:00a-Noon). Participants must attend both days to get certified.

The class will be held at Jefferson Community Recreation Center, 11 East Jefferson Street, Jefferson, OH 44047 and limited to the first 25 participants.

Learn how to support your friends, family, and neighbors. Mental Health First Aid (MHFA) teaches you how to identify, understand, and respond to signs of mental health and substance use challenges among adults. For more information and to register visit : <https://www.ashtabulamhrs.org/event/mental-health-first-aid-class-05-03/>



SHRED-IT & FORGET IT SATURDAY!

Saturday
May 4, 2024
9 AM - Noon

3705 State Rd.
Suite 100
Ashtabula, OH
44004

Clear out your papers and help protect your identity with complimentary shredding, coffee, and doughnuts. Patti Baldwin Andersen, Executive Director at United Way, will be on site to collect voluntary donations, United Way seeks to improve lives by mobilizing the caring power of communities around Ashtabula County to advance the common good, and we are truly proud to support them.

Investment and Insurance Products are:

- Not Insured by the FDIC or Any Federal Government Agency
- Not a Deposit or Other Obligation of, or Guaranteed by, the Bank or Any Bank Affiliate
- Subject to Investment Risks, Including Possible Loss of the Principal Amount Invested




Ashtabula County RAM 2024 Transportation Assistance



FREE Medical, Dental and Vision Care

FREE shuttle service to the RAM Clinic will be available

From the Warming Center – 3527 Lake Avenue, Ashtabula

Saturday, April 13: 7 AM, 8 AM, 9 AM, 10 AM, 11 AM, Noon

Sunday, April 14: 6 AM, 7 AM, 8 AM, 9 AM

For those living south of I-90

Please call Country Neighbor at 440-437-6311 prior to April 12
to schedule FREE transportation

FOR LIMITED SAME DAY SCHEDULING APRIL 13-14 TO RAM

CALL SUNSET TAXI – 440-855-5314

*Thank you to Sunset Taxi, Ashtabula County Transportation System (ACTS),
and Country Neighbor for arranging FREE shuttle service to the RAM Clinic.*

Information about services at the RAM Clinic

- Service will be available on a first come, first served basis.
- There are a limited number of openings for vision and dental each day. There is no guarantee that openings will be available. You are more likely to receive the service you want if you arrive early. The later you arrive, the less chance you have of receiving the service you need.
- When you arrive, you may be asked to wait in a tent until an opening is available.
- Patients are typically only able to receive either dental OR vision services on the same day. Medical services are always available.
- The majority of people assisting with the clinic are unpaid volunteers who give of their time to help our community. Please be kind and patient with them.

Healthy Ashtabula Bingo

How to play: Complete activities in a row, column, diagonal, or the entire board. Adapt as needed by modifying activities to fit your lifestyle and health goals. Share on social media (Optional) by posting your board or pictures with **#HealthyAshtabulaBingo**. Celebrate your health journey. Every completed task is a step towards a healthier you!



Do morning and/or evening stretches	Have a healthy picnic at a local park.	Cook a healthy meal at home.	Have a 15-minute dance session. Alone or with others	Try 3 servings of whole grains within a week
Declutter a space in your home for 30 minutes.	Take a healthy snack to take to work or school	Complete a 30-minute workout at home.	Eat breakfast	Spend a day without social media
Prepare a meal with at least three different types of plants	Protect your eyes during the eclipse		Share a healthy recipe with friends and try one you've received in exchange.	Take a walk (in the rain)
Establish a nightly routine for better sleep quality.	Try a new outdoor fitness activity.	Drink a glass of water when you first wake up	Spend 15 minutes outside listening to spring sounds	Flavor your meals with herbs and spices instead of salt.
Have a screen-free evening	Attend a yoga or Pilates session.	Call someone you haven't spoken to in a while.	Create some art	Drink at least 64oz of water in one day

Learn more at www.healthyashtabulacounty.com